



Legend

- Dry weather vehicle access
- Walking tracks
- All weather vehicle access
- Barbecue facilities
- Viewpoint
- Wildlife viewing
- Picnic area
- Toilet facilities

For further information contact:
 Park Headquarters
 Cnr Mission Rd and Grassy Road
 NORFOLK ISLAND 2899
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Walking Track Times & Distances

Cooks Monument to:
 Bird Rock.....1.7kms, 75 minutes (one way).
 Mt Bates.....2.6kms, 95 minutes (one way).
 Mt Pitt.....3.1kms, 110 minutes (one way).
 Red Road Entrance.....2.4kms, 75 minutes (one way).
 Palm Glen Carpark.....2.8kms, 105 minutes (one way).

Cooks Monument Return (via the bridle track, Bird Rock Track and then up the Red Stone Link Track).....3.9kms, 105 minutes return.



Walking Track Times & Distances

Red Road Entrance to:
 Cook's Monument.....2.4kms, 75 minutes (one way).
 Mt Bates.....1.6kms, 60 minutes (one way).
 Mt Pitt.....2.2kms, 75 minutes (one way).
 Bird Rock.....1.7kms, 50 minutes (one way).

Palm Glen Carpark to:
 Mt Pitt.....1.6kms, 65 minutes (one way).
 Mt Bates.....1.1kms, 50 minutes (one way).
 Bird Rock.....2.1kms, 80 minutes (one way).
 Cook's Monument.....2.8kms, 105 minutes (one way).

Palm Glen Carpark Return (via the West Palm Glen and Palm Glen Tracks).....1.2kms, 55 minutes.